



Summer 2023

Dear Parent,

Much work and planning has gone into this summer's program to make sure that your children have an exciting, safe and memorable week!

If you will be driving to camp, check-in will begin **Monday at 10:00 a.m.** In some areas, a bus ride to and from camp is available at no charge. If your child will be riding our bus to camp, please check the bus schedule for time and place to meet.

During registration you will need to check in, pay any remaining balance on the camp fee, pay for canteen, choose a cabin, and meet with the camp nurse. **To facilitate faster check-in**, you will receive all necessary forms in an email. **Please complete and bring them to registration with you if you have not already turned them in.** A horse education program is available during some of the weeks of camp, so you will be sent a permission form just in case this program is available when your child is here and you want your child to be able to participate. Signing the form does not commit them, but gives them the option to ride a horse if they choose to do so.

To help pack, we've prepared lists of what to bring and what not to bring to camp. Please read carefully.

What to bring:

- Bible
- Clothes for outside activities (modest shorts and shirts)
- Tennis shoes (needed for some activities)
- Flip-flops/sandals for water activities
- Sleeping bag or sheets, blanket and pillow for their bunk
- Bathroom items (toothbrush, toothpaste, soap, comb, towels, etc.)
- Swimsuit (girls – modest one piece)
- Sunscreen and bug repellent (optional but recommended)
- Money for Canteen (sodas, snacks, etc.) and our Camp Store (which sells camp souvenirs). Our Camp Store will be open on Monday during registration, on Wednesday afternoon, and Friday after the closing program. The Canteen will be open every day for a total of 13 times during the week. All items in the Canteen cost \$1.00 each, and campers can buy up to two items per canteen. The Canteen is peanut free, but still has a variety of candy options and a healthier selection, as well.
- Any money owed for their camp fee. Please make your check payable to CBM or you may send cash. Camp fee money, optional activity money, and spending money can be included in the same check. (Bus riders will need to keep their money in a safe place in their luggage or pocket during the trip to camp.) All money is collected from campers at check-in on Monday and kept for them in the camp "bank" for the week. Money is deducted from their account as needed and unspent money is returned Friday. They can choose to take this home, spend it in the camp store or give a donation to the summer mission project.

- Optional activity money- (Campers must have parental permission)
 - * *Paintball*: (\$10 for 1 day or \$20 for both days) Paintball gun, 200 paintballs, and helmet will be provided.
 - * *Whitewater rafting*: (\$45) Led by experienced guides, this trip includes three hours on the Watauga river from Wilbur Dam to Elizabethton. No previous experience needed. Great fun!
 - * *Caving* (\$45) This two-hour excursion into Appalachian Caverns is an unforgettable experience! Helmets and headlamps are supplied. Make sure you pack some old clothes for this trip! You will get muddy and wet. Cavers need to wear long pants and close-toed shoes. **Physical requirement to participate: campers need to have the upper body strength to do at least one pull-up.**
- Only necessary medications. (All meds must be turned in to the camp nurse at check-in and will be given to your camper as needed). **All meds must be in original bottle with directions on outside.**
- Fishing license and pole (if your camper wants to fish during our lake trip)

What not to bring:

- **Cell phones or any Wi-Fi capable electronics**
- Any electronic items (except cameras) such as iPod's, headsets, video games
- Clothes that have questionable words or pictures
- Magazines
- Knives or any other kind of dangerous items
- Anything valuable such as rings or jewelry. We cannot be responsible for items lost at camp.
- Cigarettes or illegal drugs
- Fireworks
- Pets

To avoid disrupting their schedule, calls to and from home are allowed **only** in the case of an emergency. If you do not hear from us or your camper, they are doing fine!

You will be able to pick up your camper on **Friday at 7 p.m.** If you are able, please join us at **6 p.m.** for our closing program in the new chapel. **If you need to pick up your camper early**, please bring a note to registration or call the office at least one day in advance to let us know the time you will be arriving so that we can have your camper and their belongings waiting in the office for you.

We look forward to seeing your camper soon! If you have any questions, call the camp office at 423-543-2201 or email cbmcampandretreats@gmail.com.

Sincerely,



Dave Johnson, Camp Director